

Due to various restrictions associated with Covid-19 it has been very challenging to get pool time. However, we are pleased to say that we have now identified and secured pool time for two training weekends. Please note that as Theo is currently abroad and will not return until next month, the first training weekend (6th-8th Aug) will be run by Jenn (and potentially other helpers). The purpose of this training weekend is to bring athletes who are interested in trialling for the Senior Women's Squad together for some extra training and to enjoy playing together again. The second training weekend (20th-22nd Aug) will be an official trial weekend open to all athletes interested in being a member of the Scotland Senior Women's Squad.

Training

~~Open Weekend:~~

~~Friday 6th August (19:45-21:45) @ RCP~~

~~Saturday 7th August (18:30-20:00) @ RCP~~

~~Please note that the cost of the open weekend is £20 per player~~

Official Trial Weekend:

Friday 20th August (19:45-21:45) @ RCP

Saturday 21st August (18:30-20:00) @ RCP

Sunday 22nd August (12:45-14:45) @ NSA

Please note that the cost of the trial weekend is £30 per player. Players are expected to make all trial sessions.

Upcoming Competitions

The Scotland Senior Women's Squad will be preparing for two key competitions in 2022: Commonwealth Championships due to be held in Manchester in April 2022.

EU Nations 2022.

Please note that neither of these competitions have been officially confirmed as of yet.

In order to register for these sessions please contact Debbie McRobbie

(scotlandladieswaterpoloteam@gmail.com) with the following information:

- Player Name
- Date of Birth
- Dates of trials you are attending
- Club
- SASA number
- Contact email
- Contact number
- Emergency contact (name & phone number)

Current members of the squad do not need to send the information above (unless anything has changed), however they should still register their interest for the sessions.

Please note that due to Covid restrictions, players will not be allowed to attend the session if they have not previously registered their interest with me directly. Covid forms to follow after registration.

Finally, if players are interested in trialling for the squad but are not available for the designated trial sessions, they should still register their interest, explaining their situation and the coaches will try to arrange an alternative trial date.

If you have any questions regarding anything contained in this email, please feel free to get in touch with Debbie directly.